

Going Places with Girl Scouts: Travel and Outdoor Progression Overview

	GSUSA Progression Level	What Does That Mean?	What Approval Do I Need?	What Training Do I Need? <i>Training courses available on gsLearn unless otherwise noted</i>	How do Girl Scouts take the lead for these activities?
Going Places with Girl Scouts I	Local Field Trips <i>Look Out & Meet Out</i>	Visits to points of interest in the neighborhood (less than 30 min or 15 miles from the troop's meeting place), like a walk to the nearby garden or a short ride by car or public transportation to the firehouse or library.	For each Girl Scout: Annual Permission Form Activity Permission Form For the group: GSEMA Approval Sometimes Required Review Safety Activity Checkpoints to see if planned activities require a GSEMA Safety Approval Form and a Certificate of Liability If guests are participating, request Non-Member Insurance coverage from GSEMA	New Leader Orientation Level Essentials First Aid/CPR (in person) is recommended and may be required pending planned activities Going Places with Girl Scouts I	<ul style="list-style-type: none"> Choose between two locations pre-selected by volunteers Choose between 1-3 activities curated by volunteers
	Day Trips <i>Explore Out & Cook Out</i>	A half-day or all-day visit to points of historical or natural interest. For Daisies up to 1.5 hours, for Brownies up to 3 hours, and Juniors up to 6 hours from the troop's meeting place. Girls can select locations and do much of the trip planning, while never being too far from home.	For each Girl Scout: Annual Permission Form Activity Permission Form For the group: GSEMA Approval Sometimes Required Review Safety Activity Checkpoints to see if planned activities require a GSEMA Safety Approval Form and a Certificate of Liability If guests are participating, request Non-Member Insurance coverage from GSEMA	New Leader Orientation Level Essentials First Aid/CPR (in person) is recommended and may be required pending planned activities Financing the Fun Update Going Places with Girl Scouts Journal through Local Field Trips Going Places with Girl Scouts I Specialized training may be required based on activities selected, including: Outdoor Basics: Online Outdoor Basics: Cooking (in person) Wilderness First Aid	<ul style="list-style-type: none"> Brainstorm and choose location Brainstorm and choose activities Collaborate on packing lists, menu, and itinerary basics

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Going Places with Girl Scouts II	Overnights <i>Move Out & Sleep Out</i>	One or two nights away to a location less than 3 hours from the troop's meeting place. These short trips can be just long enough to get Girl Scouts excited to travel, but not long enough to create homesickness. Accommodations may include hotels, museums, state parks, campgrounds, or Girl Scout properties.	For each Girl Scout: Annual Permission Form Activity Permission Form For the group: GSEMA Approval Always Required Register for overnight programs or reserve properties through gsema.org . If planning on your own, complete a GSEMA Safety Approval Form and a Certificate of Liability Non-members are not allowed to participate in Girl Scout overnights	New Leader Orientation Level Essentials First Aid/CPR (in person) Financing the Fun Update Going Places with Girl Scouts Journal through Day Trips Going Places with Girl Scouts II Specialized training may be required based on activities selected, including: Outdoor Basics: Online Outdoor Basics: Cooking (in person) Outdoor Basics: Camping (in person) Wilderness First Aid	<ul style="list-style-type: none"> Brainstorm and choose location(s) Determine group itinerary and reach group consensus on sleeping accommodations Create packing lists with assistance Decide on menu and create shopping lists
	Regional Trips <i>Camp Out & Adventure Out</i>	Three or more nights away, or two nights at a location that is more than 3 hours from the troop's meeting place. These longer trips allow Girl Scouts at the Junior level and above to build their confidence with trip budgeting, accommodation research, itinerary planning, and more.	For each Girl Scout: Annual Permission Form Activity Permission Form For the group: GSEMA Approval Always Required For two-night trips, complete a GSEMA Safety Approval Form and a Certificate of Liability For 3+ nights, complete a GSEMA Request to Travel 18 months before planned trip date. Non-members are not allowed to participate in Girl Scout overnights	Level Essentials First Aid/CPR (in person) Financing the Fun Update Going Places with Girl Scouts Journal through Overnights Going Places with Girl Scouts II Specialized training may be required based on activities selected, including: Outdoor Basics: Online Outdoor Basics: Cooking (in person) Outdoor Basics: Camping (in person) Wilderness First Aid	<ul style="list-style-type: none"> Create a trip budget Research and choose location(s) Plan detailed itinerary, including routes and modes of travel Create packing lists Help reserve lodging accommodations Determine meal plan and participate in pre-trip shopping

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Going Places with Girl Scouts III	National Trips <i>Adventure Out</i>	Travel anywhere in the country, often lasting a week or more, more than 6 hours from the troop's meeting place (by car), with Cadettes and older Girl Scouts. Try to steer clear of trips girls might take with their families and consider locations that offer an educational component, such as incredible cities, historic sites, national parks, and museums around the country. These trips are an opportunity for Girl Scouts to lead the entire planning process, and even add in a community service or Take Action Project.	For each Girl Scout: Annual Permission Form Activity Permission Form For the group: GSEMA Approval Always Required Complete a GSEMA Request to Travel 18 months before planned trip date. Non-members are not allowed to participate in Girl Scout overnights	Level Essentials First Aid/CPR (in person) Financing the Fun Update Going Places with Girl Scouts Journal through Regional Trips Going Places with Girl Scouts III Specialized training may be required based on activities selected, including: Outdoor Basics: Online Outdoor Basics: Cooking (in person) Outdoor Basics: Camping (in person) Wilderness First Aid	All components of trip should be researched, planned, and led by Girl Scouts. Volunteers shift to advisory and coaching roles.
	International <i>Adventure Out</i>	Traveling around the world with Cadettes and older Girl Scouts requires one to three years of preparation to ensure passports and other documentation is in order well in advance of the trip. Girl Scouts plan their entire trip, including learning about language, culture, passports and visas, currency exchange rates, and more.	For each Girl Scout: Annual Permission Form Activity Permission Form For the group: GSEMA Approval Always Required Complete a GSEMA Request to Travel 18 months before planned trip date. Non-members are not allowed to participate in Girl Scout overnights	Level Essentials First Aid/CPR (in person) Financing the Fun Update Going Places with Girl Scouts Journal through National Trips Going Places with Girl Scouts III Specialized training may be required based on activities selected, including: Outdoor Basics: Online Outdoor Basics: Cooking (in person) Outdoor Basics: Camping (in person) Wilderness First Aid	All components of trip should be researched, planned, and led by Girl Scouts. Volunteers shift to advisory and advocate role.